

"Adventure Play" - Activity Options

"People who play together have the power to stay together."

Pinnacle understands the high demands and pressures that teams face every day. While strategic learning and development is always important to teams, sometimes people just need to play together in the great outdoors! Celebrate your team strengths with a high energy, memorable and engaging experience through the **power of outdoor adventure among colleagues.**

- ✓ Stretch your limits through unique adventure challenges
- ✓ Build self-confidence and self-awareness
- Connect with others in a fun safe environment
- ✓ Refresh. Re-vitalize. Re-create.

High Ropes Challenge Course (12-18 participants; 3-4 staff)

Pinnacle Pursuits' High Ropes Challenge course brings high adventure and impactful learning experiences into a safe and controlled setting up in the trees. This is an intensive experience that everyone can enjoy. Attached to a harness and secured to a belay system, participants can challenge themselves through a series of elements, 30ft in the air, to develop their personal leadership skills, teamwork, and confidence.

Low Ropes Challenge Course (10-12 participants; 1 staff)

A series of obstacles built 2-3 feet above the forest floor with cables, ropes and wooden platforms. Intentionally facilitated exercises and team initiatives are designed to challenge individuals and groups to work together, communicate effectively, problem solve and build trust.

Rock Climbing (10-12 participants; 1-2 staff)

A 24ft climbing wall that provides a perfect medium for personal challenge, goal setting, communication, team support, and celebration. Participants can test their strength while learning basic climbing techniques, professional belay methods, bouldering strategies and spotting considerations.

Canoeing (10-12 participants; 2 staff)

Participants will develop skills and practice Canada's most traditional method of travel, the canoe. We start with an introduction about safety, parts of the paddle and the canoe, specific paddling strokes and the basics of tandem paddling. The canoeing experience promotes communication and teamwork with a partner and includes a gentle and fun relaxing paddle navigating and exploring the beautiful lake landscape, as well as some optional water-based games to test peoples' skills!











Contact us to create an adventure that will take your team to new heights.

T. 604.876.7535 PinnaclePursuits.com